

Journal of Pediatric Gastroenterology, Hepatology and Nutrition
December CME Articles

Anemia and Iron Deficiency in children: Association with red meat and poultry consumption
Mexican American Children Have Differential Elevation of Metabolic Biomarkers Proportional to Obesity Status

Acknowledgement of Commercial Support:

No commercial support was received for this enduring material activity.

Physicians

Accreditation Statement

NASPGHAN is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement

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Anemia and Iron Deficiency in children: Association with red meat and poultry consumption

Learning Objectives:

1. *Learn about the prevalence and associated factors of anemia and iron deficiency in the study population.*
2. *Know the contribution of dietary sources on iron status*
3. *Explain the impact of red meat and poultry consumption on body iron status*
4. *Outline the strategies for preventing iron deficiency anemia in infant and toddlers.*

Mexican American Children Have Differential Elevation of Metabolic Biomarkers Proportional to Obesity Status

Learning Objectives:

1. *Describe the relationship between obesity and serum biomarkers of disease risk*
2. *List non-traditional serum biomarkers for obesity that have been implicated in adult disease*
3. *Know the potential of specific serum biomarkers to predict obesity related disease risk over time*

Principal Faculty and Credentials

Faculty credentials and disclosures are listed in the Journal articles

Date of Release:

December 1, 2013

Date of Last Revision:

December 1, 2013

Date of Expiration:

December 1, 2015

Necessary Hardware and Software:

Adobe

Compatible Web Browser listed below:

- Internet Explorer version 6.0 or higher
- Mozilla Firefox 1.0 or higher
- Netscape Navigator 6.0 or higher
- Apple – Safari

Estimated Time to Complete this Activity:

It is estimated that it will take 1 hour to read the article and complete the post test.

Method of Physician Participation:

All participants read an article, take a post-test with a minimum of 100% passing score and complete an activity evaluation at the end of the activity before being able to print a certificate of completion.

Policy on Privacy and Confidentiality:

The personal information collected on this evaluation site is used only for our records and is not distributed to any individuals or companies.

Bibliographic Sources

References are provided in the Journal article.

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Contact Information:

For questions on CME credit for this activity, contact Jillian Davis at Jillian@AmedcoEmail.com or 651-789-3711.