Solving a pediatric dilemma: Drug-induced pancreatitis (DIP)

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In the past 12 months, I have had **no relevant financial relationships** with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in this CME activity.

Learning objectives

- Recognize the problem of drug-induced pancreatitis (DIP)
- Discuss insight into novel mechanisms underlying DIP
- Understand how to devise strategies to prevent DIP

Bridging the gap between basic science and clinical application



Etiologies of Acute Pancreatitis



AGA, 2006

*Park A, *Latif SU, JPGN, 2009

What qualifies as DIP?

Category	Reasonable temporal sequence	Follows a known response pattern	Could not be explained by other factors	Relieved by cessation of the drug	Recurs after a repeat challenge
Definite	×	×	×	×	×
Probable	×	×	×	×	
Possible	×	×			

Karch and Lasagna, Adverse drug reactions, JAMA, 1974

Problem of drug-induced pancreatitis





Bai HX, JPGN, 2011

Pressing questions about DIP

- Why do some patients develop DIP?
- Can we identify patients who are at risk <u>before</u> they receive the drug and prevent DIP?
- Can DIP instruct us about pancreatic physiology and disease?

Concomitant etiologies identified in childhood cases of drug-associated pancreatitis





IBD pharmacogenomics





- Pancreatitis and IBD in children (comprehensive review)
 - Medications are likely the major contributor to this association

Heap etal., Nat Genetics, 2014

- A class II HLA haplotype
 - Heterozygotes had a 9% risk of developing pancreatitis with thiopurines
 - Homozygotes had a 17% risk
- Not there yet in making clinical changes to care with just this info.
- But likely with another one or a few additional genetic or environmental discoveries?
- Computational risk modeling

Two short stories about unraveling the mechanism of DIP and one worthy of mention

• #1 Valproic acid



• #2 Radiocontrast



• Asparaginase



Story #1: Valproic acid (VPA)-associated pancreatitis

"Worst case of acute pancreatitis I saw as a fellow"



 5 yo dev. delayed child with epilepsy, taking VPA for 6 months



How does VPA predispose some patients to pancreatitis?

- VPA by itself doesn't cause pancreatitis
- VPA is an histone deacetylase inhibitor (HDACi)





HDACs remove acetyl groups from histone tails, resulting in chromatin compaction and gene repression



HDACs, epigenetics, pancreatitis, and pancreatic recovery

- **Epigenetics** is the study of the molecules that determine when, where, and how much of our DNA is used
- HDACs are a major epigenetic regulator through modifying histones
- HDACs are upregulated during pancreatic development
- Elements of pancreatic development recap. during pancreatic recovery
- Hypothesis: HDACs are crucial for activating the programs necessary for pancreatic recovery and regeneration after pancreatic injury



Devised a machine learning tool to quantify pancreatic acinar content





Day 3

Day 7

20-

0

Baseline

Valproic acid (VPA) limits pancreatic recovery following injury





Acinar content

HDACs are upregulated within the pancreas during recovery following injury





HDAC activity





HDACi with VPA causes the persistence of regenerative acinar to ductal metaplastic complexes (ADMs) during pancreatic recovery





HDACi with VPA causes the persistence of regenerative acinar to ductal metaplastic complexes (ADMs) during pancreatic recovery



What is the mechanism by which HDACs allow pancreatic recovery to run to completion?





HDACs facilitate the repression of β-catenin signaling in the pancreas



VPA-associated pancreatitis: Opened up a new paradigm to examine whether epigenetic processes that enhance recovery during pancreatic injury can tip the balance in pancreatic health



Story #2: Radiocontrast, ERCP, Ca2+, and post-ERCP pancreatitis (PEP)





- "Sohail, it's interesting that patients taking Cn inhibitors don't seem to develop PEP." –Dr. Priya Jamidar, Yale
- PEP is still a problem
- Over a quarter million ERCPs performed in the US; a bulk of them by community GIs
- What is the pathophysiology of PEP?





Clues to Ca²⁺: Pressure = Ca²⁺; RC ≈ Ca²⁺ (renal)

Jin, Gastro, 2015



Radiocontrast (RC) selectively induces acinar cell Ca²⁺ signals



Time (sec)



0

60 120 180 240 300

Time (sec)



Jin, Gastro, 2015

60 120 180 240 300

0



A target of the RC-induced Ca²⁺ is the Ca²⁺activated phosphatase calcineurin (Cn)



RC-induced NF-kB activation is Cn-dependent







CnAb^{-/-}-deficient mice protected against PEP



Histological Severity



Jin, Gastro, 2015



In vivo

Cn mediates PEP: Cn inhibitors



Jin, Gastro, 2015

Summary: RC on Ca²⁺/Cn in PEP



- Ca²⁺/Cn are critical mediators of pancreatic injury
- Ca²⁺/Cn pathways appear to mediate RC-induced injury and PEP
- These pathways can be harnessed as pancreatitis therapies

Current questions



- How does RC exposure to the pancreas induce Ca²⁺ and Cn?
- How does Cn activation by RC induce NF-κB and pancreatic injury?
- Are pancreatic acinar cells a critical site of Cn activation during *in vivo* PEP?
- Would targeted *in vivo* delivery of Cn inhibitors to the pancreas prevent PEP?

Summary of drug-induced pancreatitis (DIP)

- DIP is a major pediatric dilemma
- VPA predisposes to pancreatitis by inhibiting HDACs and the redifferentiation programs during pancreatic recovery
- RC exposure is a risk factor for PEP through inducing pancreatic Ca²⁺ and Cn
- Understanding the mechanisms underlying DIP will be crucial for preventative and therapeutic strategies

We will need to cross more bridges between science and medicine









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