



Diagnosis and Management of Carbohydrate-Induced Diarrhea

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INTRODUCTION

Carbohydrates represent a large portion of the world's daily diet, yet approximately 70% of the world's population experiences some form of carbohydrate malabsorption. Incomplete carbohydrate absorption can cause serious problems in affected children, including poor nutrition and delayed growth. Diagnosis continues to be an issue in these children due to a lack of proper awareness and specific guidelines. In this presentation, we provide detailed information concerning the pathophysiology, diagnosis, and treatment of pediatric patients with carbohydrate-induced diarrhea

TARGET AUDIENCE

This activity is designed for pediatricians, pediatric and adult gastroenterologists, primary care physicians, physician assistants, nurse practitioners, dietitians, and other health care professionals who are interested in treating children and young adults with carbohydrateinduced diarrhea.

LEARNING OBJECTIVES

Upon completion of this activity, participants should be better able to:

- Explain the pathophysiology of carbohydrateinduced diarrhea
- Utilize current diagnostic approaches
- Provide individualized and appropriate management to meet specific patient needs
- Educate patients and parents on etiology and physiologic consequences as well as the importance of dietary modifications

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) and The NASPGHAN Foundation for Children's Digestive Health and Nutrition. NASPGHAN is accredited by the ACCME to provide continuing medical education

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This activity consists of a slide set plus online posttest and

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Provider Contact Information

Jointly sponsored by NASPGHAN and The NASPGHAN Foundation for Children's Digestive Health and Nutrition.

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