### **Entrustable Professional Activity**

- 1. EPA Title: Care of infants, children and adolescents with mucosal diseases
- 2. Description of Activity

Practicing subspecialists must be trained to care for children and adolescents with all types of mucosal diseases including esophagitis, eosinophilic and allergic GI Disorders, celiac disease, and other mucosal diseases. In addition, practicing gastroenterologists must be trained to care for children with acid-related mucosal conditions including gastric and duodenal ulcers as well as unusual mucosal disease. Esophagitis, eosinophilic gastrointestinal disorders (EGIDs), IBD and celiac disease are chronic diseases managed primarily by gastroenterologists with support from a variety of other health care professionals including allergists and nutritionists. Pediatric gastroenterologists should be familiar with the current literature regarding the etiology and pathophysiology of these diseases, the immune system's role, and the treatment of these disorders.

The functions required of this activity include:

- 1. Understand the pathology, epidemiology, natural history of EGIDs, Celiac Disease, and Esophagitis.
- 2. Recognize presentations of EoE and other eosinophilic/allergic diseases and perform an appropriate evaluation including endoscopy and allergy referral
- 3. Recognize presentation of celiac disease and perform appropriate workup including laboratory evaluation and endoscopy
- 4. Understand reflux esophagitis and its potential progression to cancer and strictures
- 5. Manage children and adolescents with esophagitis, EoE, EGIDs, Celiac Disease
- 6. Educate parents and children regarding their diagnosis.
- 7. Lead and direct care in a medical system including leading a team of gastroenterologists, allergist, and dieticians.
- 3. Domains of Competence (Judicious Mapping)
  - \_\_\_X\_\_Patient Care
  - \_\_\_X\_\_Medical Knowledge and Diagnostic Skills Required
  - \_\_\_X\_\_Practice Based Learning
  - \_\_X\_Interpersonal Skills
    - Professionalism
  - \_\_\_X\_\_System-based Practice

Personal and Professional Development

- 4. Competencies within each domain critical to entrustment decision (From Pediatric Milestones Document)
  - PC 2, 7 MK 1, 2 PBLI 3 ICS 1, 3 SBP 2
- 5. List Specific Knowledge, skills and attitudes needed to execute EPA

## Knowledge:

(The fellow must have a basic, broad understanding of all that goes into a comprehensive evaluation for diarrhea, including obtaining a history of dietary/nutritional intake, plotting of past and current growth/anthropometrics, reviewing existing laboratory studies and identification of infection, malabsorption, and inflammatory conditions. The fellow must be able to differentiate from acute and self-limited conditions as well as the more chronic diseases associated with mucosal abnormalities. An understanding of the pathophysiology of common gastrointestinal diseases including celiac disease, esophagitis and peptic ulcer disease, and malabsorption is required to create diagnostic and therapeutic management plans, which can then be set into motion and revised as needed.

The fellow must have a basic, broad understanding of major mucosal diseases managed by the pediatric gastroenterologist. This includes comprehensive knowledge of the presentation, epidemiology, diagnosis, and management of disease including celiac disease, eosinophilic esophagitis and other EGIDs, acid-related mucosal conditions including esophagitis and peptic ulcer disease, and other less common mucosal diseases. The fellow must develop the knowledge base of causes, treatments, and long-term risks associated with all of these conditions, and apply this medical knowledge to patient care.

#### Skills:

The fellow must be able to care for pediatric patients of all ages with these conditions and unite a team of caregivers to provide exceptional patient care. The fellow must display skills of communication and life-long learning skills as it applies to primary mucosal diseases.

#### Attitudes:

The trainee must be sensitive to a wide variety of patient's backgrounds and beliefs in their caring for children with mucosal disease. The trainee must demonstrate a caring and empathetic attitude towards patients and families.

#### Medical Knowledge

- 1. Understand emerging data on the pathogenesis, genetics, epidemiology, natural history, and role of the immune system in celiac disease, EGIDs, EoE, and other mucosal diseases
- 2. Identify the classic clinical presentation and diagnosis of EGIDs with a special emphasis on Eosinophilic Esophagitis, celiac disease, and other mucosal diseases including diagnostic criteria and unusual presentations.
- 3. Understand the different allergy testing methods (Specific IgE blood tests (RAST), skin prick, patch, etc)
- 4. Understand different serologic testing for celiac disease and management of celiac disease with a gluten-free diet
- 5. Understand treatment options for EGIDs including use of corticosteroids, food elimination diets, biologic medications (anti-IL-5? Too specific) and emerging treatments (anti-IL-13, anti-prostaglandin D2) for EGIDs
- 6. Understand the progression of esophagitis from inflammation (esophagitis) to cancer and treatment modalities (medical, endoscopic, surveillance, etc)
- 7. Identify key gaps in medical knowledge within EGIDs, celiac disease, and other mucosal diseases.
- 8. Demonstrate knowledge of diagnostic tests including stool exams for pathogens, occult blood, reducing substances, stool pH, stool fat, stool anti-trypsin, lactoferin, calprotectin.
- 9. Understand similarities and differences between non-IgE mediated gastrointestinal food hypersensitivity (food protein induced enterocolitis syndrome FPIES) and EGIDs.

- 1. Perform an appropriate initial workup for a child with suspected EGIDs, celiac disease, other mucosal diseases
- 2. Involve appropriate health care professionals within the medical team once a diagnosis is confirmed (example: allergist for EoE, nutritionist for EoE/celiac, etc)
- 3. Discuss treatment options for newly diagnosed EoE including allergy testing directed modification of diet, food elimination diets, use of corticosteroids (oral, budesonide slurry, inhaled steroids)
- 4. Discuss the gluten free diet with parents and children
- 5. Perform appropriate monitoring of mucosal diseases through growth, labs and/or regular endoscopy.

#### Practice Based Learning

1. Participate in lifelong learning

Interpersonal and Communication Skills

- 1. Effectively communicate disease information, treatment plan, and outcome to parents and children
- 2. Effectively communicate with other medical professionals including allergists and dieticians.
- 6. Assessment Procedure

# Quick Summary of EPA

End-of-Training EPA	Step 1 Description and Tasks	Step 2 Domains of Competence and Competencies within each Domain Critical to Entrustment Decisions		Step 3 Assessment Methods/Tools
<ol> <li>Care of children and adolescents with mucosal diseases – EoE/EGIDs, celiac disease, other</li> </ol>	<ul> <li>Summary:</li> <li>The tasks required:</li> <li>Understand the pathology, epidemiology, and natural history of EGIDs, Celiac Disease, and Esophagitis, Peptic Ulcer Disease</li> <li>Recognize presentations of EoE and other eosinophilic/allergic diseases and perform an appropriate workup</li> <li>Recognize presentation of celiac disease and perform appropriate workup including laboratory testing and endoscopy</li> <li>Understand reflux esophagitis and its progression</li> <li>Understand the pathogenesis, genetic basis, diagnostic testing and management of polyposis syndromes and solitary polyps</li> <li>Manage children and adolescents with esophagitis, EoE, EGIDs, Celiac Disease</li> <li>Educate parents and children regarding their diagnosis.</li> <li>Lead and direct care in a medical system including leading a team of gastroenterologists, allergist, and dieticians.</li> </ul>	Patient Care (PC) Medical Knowledge (MK) Practice-Based Learning & Improvement (PBLI) Interpersonal & Communication Skills (ICS) Professionalism (P) Systems-Based Practice (SBP) Personal and Professional Development (PPD)	1, 2, 4, 6-9 1 - 2 3, 6, 9 1, 3	Checklist Chart stimulated recall Chart audits Direct observations Standardized patient In-training examination 360 Global Rating (multi-source?) Procedure Log Patient Survey Simulation Portfolios

Level 1 Level 2 Level 3 Level 4 Level 5 Develop a basic initial Understand the natural Understand experimental and Identify gaps in knowledge Understand the natural diagnostic plan for history of EoE, celiac disease, history and pathogenesis of emerging treatments for EoE within Eosinophilic and allergic diseases and perform uncomplicated diarrhea EGIDs FPIES Understand epidemiology, research to improve the Understand the pathogenesis genetic basis, natural history, understanding of these Identify milk protein sensitivity Understand pharmacologic of food allergies and therapy that may be used for pathogenesis, cancer risk, in infants diseases development of eosinphilic esophagitis and EoE and treatment of polyps and Identify signs/symptoms esophagitis. polyposis syndromes Participate in scholarly activity related to EGIDs, celiac within a history that may Understand food allergy suggest esophageal mucosal disease, GI Bleeding, or Understand the epidemiology testing in EGIDs Understand advanced and genetics of celiac disease polyposis syndromes disease and EGIDs endoscopic approaches to and its associated conditions Advanced education of longesophageal cancer and the Identify signs/symptoms of term effects of celiac disease risk of cancer development in Present research findings at a celiac disease and EoE Barretts esophagitis national meeting in oral Develop an appropriate initial diagnostic plan including format laboratory evaluation for EoE Recognize signs and Recognize unusual Apply QI, Best Practices and symptoms of and celiac disease presentations of Celiac scientific evidence to celiac Participate in regional/national malabsorption/diarrhea disease, EoE, EGIDs, PUD, meetings related to mucosal disease Basic education to families polyposis syndromes and Advanced understanding of a other mucosal diseases and children regarding EoE, gluten-free diet and dietary Be invited to speak at regional celiac disease modifications in EGIDs meetings/grand rounds Recognize presentation and treat other mucosal diseases: Understand the differential Read impedance/pH studies diagnosis of GI bleeding in and direct management of CGD, immunodeficiencies, infants, children and peptic disorders neonatal enteropathies, HUS, adolescents and HSP. autoimmune signs/symptoms of ulcers Basic understanding of polyps enteropathy, and definition of polyposis Recognize the contribution of syndromes Lead a medical team H.Pylori to peptic ulcer including dieticians, allergists, pathologists, and surgeons as disease Understand current theories on food allergy development it pertains to mucosal and the prevention of food diseases allergies as it pertains to food initiation Training / Expertise Level Entrustment Level Supervision of others Execution with direct Entrustment, ready for Execution with reactive Supervision at distance junior colleagues proactive supervision supervision (on request) unsupervised practice post hoc supervision

EPA Title: Care of Infants, Children and Adolescents with Mucosal Diseases: Esophagitis, EGIDs, Celiac Disease, GI bleeding/PUD, Polyposis Syndromes